

Start-Nummer	Vorname	Nachname	Strecke in km	Zeit h/min	Verein	Jahr-gang
1	Rachid	Akramallah-Bethe	1	00:40	TV Refrath	1978
2	Britta	Bartecki	2	01:03		1970
3	Denise	Baudach	4	01:42		2002
4	Annette	Beierle	5	02:26		1964
5	Jochen	Benekenstein-Schultheiß	1	00:37		1971
6	Sannah	Bethe	1	DNF	TV Refrath	1976
7	Ute	Blindert	5	02:44	Römer	1971
8	Christian	Boland	5	01:35		1978
9	Gudrun	Breuer	2	00:51	WSF Liblar	1969
10	Thomas	Broich	5	02:01		1976
11	Jenna	Brühl	5	01:38		2000
12	Ron	Burggraaff	1	00:19	WSF Liblar	1956
13	Birgit	Daerr	2	01:13	WSF Liblar	1966
15	Jennifer	Djuren	5	01:33		1982
16	Birgit	Döring	2	01:14	Römer	1960
17	Tim	Dornieden	5	01:22	SG Bergheim	1986
18	Richard	Driessen	5	01:55		1967
19	Saskia	Driessen	2	00:55		1976
20	Gregor	Dupont	5	01:56	WSF Liblar	1969
21	Jens Uwe	Ebert	1	00:34		1971
22	Sandra	Eßer	3	01:22		1985
23	Pauline	Feldes	1	00:43		1995
24	Silke	Feldes	1	00:38		1972
26	Regina	Figura-Maas	3	01:11	WSF Liblar	1977
27	Anja	Flamm	2	01:13	Römer	1974
28	Tobias	Flück	3	01:09		1975
31	Andrea	Frei	4	01:18	SC Hardtberg	1969
32	Leah	Gaidas	2	00:38		2008
33	Lukas	Geiger	2	00:48		1994
34	Florian	Gernemann	2	00:40		1979
35	Uta	Göring	5	02:04		1967
36	Michaela	Grau	3	00:59	WSF Liblar	1972
37	Arend	Greve	3	01:29		1960
38	Sandra	Habelt	3	01:23	DLRG Lülldorf	1984
39	Sabine	Habricht	4	01:19	WSF Liblar	1962
40	Christian	Hardt	3	01:28		1985
41	Christian	Haug	5	01:59	WSF Liblar	1974
42	André	Heinsch-Edouard	3	01:48		1984
43	Susanne	Heisterüber	2	00:49	Team	1969
44	Julia	Hestermann	5	01:50		1980
45	Silvio	Hey	5	02:01	DLRG Lülldorf	1977
47	Tina	Humm	2	00:46	WSV Schermbeck	1975
48	Birgit	Jesske	2	00:57		1961
49	Melanie	Jürgens	1	00:25	Mönchengladbacher TV	1963

50	Kerstin	Justus	3	02:01		1976
51	Jens	Kampermann	5	01:47		1964
53	Jana	Karp	2	01:01	WSF Liblar	1973
54	Miriam	Keil	3	01:32		1989
55	Simon	Kempf	5	01:56		1973
56	Birgit	Kleber	5	01:49		1977
58	Michael	Kochs	4	01:30	Albatroses aquisgra	1957
59	Thorsten	Königs	3	00:58	HSC Bonn	1980
60	Barbara	Kosanke	1	00:27	Rückenbildung	1971
61	Alex	Kraus	0	DNF	Team Warmduscher	1966
64	Karol	Kuhn	4	01:23		1968
65	Pieter	Kuit	5	02:14	Grindgatzwemmers	1968
66	Lina	Lange	4	01:35		1983
67	Marcel	Lauderbach	2	00:49		1982
68	Ronald	Leboux	5	02:13	Grindgatzwemmers	1961
69	Thomas	Lehmann	2	00:47		1965
70	Claus	Lewandowski	5	01:56	SSF Bonn	1972
71	Anja	Ludwig	1	DNF		1968
73	Thomas	Meffert	5	01:31	WSF Liblar	1977
74	Sonja	Merch	1	00:35		1967
75	Miriam	Micuda	3	01:12	Grindgatzwemmers	1978
76	Beatrice	Mohar	3	01:37		1963
77	Torsten	Müller	2	00:46		1972
80	Solveig	Müller	4	01:58	WSF Liblar	1967
81	Anja	Neumann	1	00:28	Grindgatzwemmers	1968
83	Barbara	Odenthal	2	00:44	SCV Hürth	1967
84	Rebecca	Odenwälder	3	01:11		1985
86	Annette	Perysinakis	1	00:30	WSF Liblar	1968
88	Susann	Platta	3	01:34	DLRG Lülldorf	1987
89	Friederike	Pordzik-Feldes	2	01:10		1999
90	Anke	Prätorius Hopp	2	01:00		1967
91	Wolfgang	Prinz	1	00:32		1958
92	Stefan	Rathgeber	5	01:43	Pulchra Amphora	1972
93	Benedikt	Reicherseder	1	00:31		2003
94	Jan	Ries	1	00:29		1977
95	Katrin	Ringe	5	02:18	Running Crew Büttgen	1975
97	Oliver	Rom	4	01:18	Albatroses aquisgra	1971
98	Barbara	Sandhöfer	2	00:46	Aqua Köln	1981
99	Martina	Sassen	2	01:01		1964
100	Arndt	Sauerland	3	01:20		1969
101	Raphaela	Savelsberg	2	00:55		1977
102	Tobias	Schlemmer	4	01:46	WSF Liblar	1981
103	Alexandra	Schmidt	3	01:13	MACH3	1978
104	Sandra	Schmit-Spörckmann	1	00:34		1967
106	Annette	Scholz-Villard	3	01:05	SC Hardtberg	1977
107	Martin	Schürgers	4	01:35		1969
110	Friedhelm	Ständer	1	00:23		1945

112	Anke	Stein	1	00:31	WSF Liblar	1972
114	Sandra	Straub	2	00:38	Bördeathleten Soest	1974
115	Andrea	Symossek	1	00:26		1967
116	Michael	Tiemann	4	01:25	Albatroses aquisgra	1973
117	Simon	Traut	3	00:54	SG Bergheim	1987
118	Frank	Tschauder	5	01:30	WSF Liblar	1968
119	Hanna	Ulbrich	4	01:32		1976
120	Gwen	Verdonk	2	00:55	Grindgatzwemmers	1973
121	Melanie	Wachs	1	00:34	Rückenbildung	1975
122	Tabea	Wegener	1	00:42		2004
123	Silke Hanna	Wehrmann	3	01:22		1984
125	Ulrich	Wiethoff	5	02:16	LSV02	1967
126	Jutta	Winkler	5	01:42		1963
128	Michael	Wittich	4	01:19		1970
129	Gretel	Zaun-Ries	2	01:12		1945
130	Jürgen	Znotka	5	02:26		1958





